

A STUDENT'S GUIDE TO JEWISH CAPE TOWN



Welcome to the University of Cape Town! Our campus and city are home to vibrant Jewish organisations and a plethora of cultural, religious, and social events and opportunities. We have identified organisations, amenities, and resources that will be handy to you.

JEWISH LIFE ON CAMPUS

The Kaplan Centre for Jewish Studies and Research

The Centre, the only one of its kind in South Africa, promotes the field of Jewish Studies at UCT. Housed in Rachel Bloch House, Engineering Mall on upper campus, the Kaplan Centre is home to a Jewish Studies library, a kosher cafe, meeting spaces, Beit Midrash, and offices. For more information, phone 021 650 3062, or **email** Kaplan-Centre@uct.ac.za

Café Kaplan

Located in Rachel Bloch House, the kosher cafe serves a changing menu of delicious hot meals and salads, with space inside and out for schmoozing. The cafe accepts residence vouchers. Open Monday to Friday from 8am to 3pm, but closed for Jewish holidays and the end of year university vacation. The cafe also caters for university meetings. Contact Brenda Kammy at 021 650 3064 or **email** brenda.kammy@uct.ac.za or Veronica Paulse on 021 650 2688.

Jewish Studies Library

Housed in Rachel Bloch House, the Jewish Studies Library contains a multilingual collection of newspapers, magazines, books, and periodicals relevant to the field of Hebrew/Jewish Studies. There are desks for study, and comfortable chairs for reading. Open from 8.30-3pm during the week. See more at: **Website:** <http://www.jewish.lib.uct.ac.za/>, phone 021 650 3779 or **email:** Juan-Paul.Burke@uct.ac.za

Jewish Student Life Coordinator

Based in the Kaplan Centre, the Coordinator organises cultural, religious, and social programming for students at UCT and is available for consultation if students are looking to be connected to the local Jewish community or have issues relating to Jewish life on campus. For more information on events contact 021 6503878 or alternatively call Lauren on 071 6063501 or **email:** leora.chava@gmail.com / lauren.kessler@uct.ac.za (until 17th June)

Religious services

The Kaplan Centre houses a Beit Midrash for prayer and study, and offers Jewish learning opportunities. If you are looking for Shabbat hosting or any other information please contact 021 6503062.

South African Union of Jewish Students

SAUJS, a student group with membership open to all, represents Jewish students at UCT, and organizes events on campus. Its portfolio includes outreach, religion, social and Zionism. **Facebook:** SAUJS CT or **email:** Jono Levi, Chairperson at jonolevi1995@gmail.com

COURSES

The university routinely offers courses on subjects relevant to Jewish history, religion, and culture in several different departments. For course information see **website:** www.uct.ac.za/apply/handbooks, or contact the following:

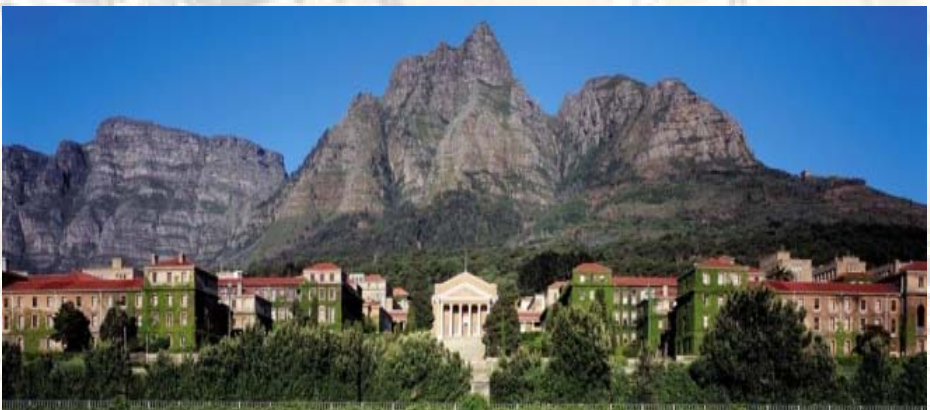
Assoc Prof Adam Mendelsohn (Historical Studies – Rachel Bloch House) teaches courses on the Holocaust and on Jews as a minority in the modern world, as well as supervises postgraduate students.

Email: Adam.Mendelsohn@uct.ac.za

Dr Louis Blond (Department of Religious Studies – Robert Leslie Building), a Senior Lecturer in Jewish Religion and Jewish Thought, focuses on European philosophy and contemporary Jewish thought, particularly phenomenology and post-structuralism, and philosophy's relationship with religious discourse.

Email: Louis.Blond@uct.ac.za

Dr Azila Reisenberger (School of Languages – Hebrew Section – Beattie Building) teaches Hebrew Language and Literature, as well as Hebrew Intensive. **Email:** Azila.Reisenberger@uct.ac.za



UCT Upper Campus

JEWISH LIFE OFF CAMPUS

A range of organisations offer services and programming in Cape Town. A regular listing of events is available online at the communal diary and in the *Cape Jewish Chronicle* and *South African Jewish Report* (both available in the Jewish Studies Library).

ORGANISATIONS FOR YOUNG ADULTS

MOISHE HOUSE

Moishe House Cape Town strives to provide a warm, inclusive space where young adults can explore and construct ways in which Judaism is meaningful to them through social activities.

To join their monthly mailing list **Email:** moishehousect@gmail.com, or check out the **website:** www.moishehouse.org or like them on **Facebook:** Moishe House Cape Town to keep up to date with their events

Address: 3 Geriva Mansions, 27 St James Street, Vredehoek

YAD

YAD is the young adult division of the United Jewish Campaign and focuses on providing high profile fundraising events to young professionals within the Cape Town Community (18-40 years), YAD hosts a variety of exciting events throughout the year. Call Fiona on 021 464 6735; or **email:** yad@ctjc.co.za

Website: www.yad.co.za; **Facebook:** [yadcapetown](https://www.facebook.com/yadcapetown)

GENERATIONNEXT

GenerationNext is the young adult department of the Cape Town Board of Deputies catering to the 18-35 age demographic. It offers events, consultation and assistance to becoming more communally involved to young Jews within the Cape Town region. Please contact Daniel Levitt of the SAJBD for more info on **email:** Daniel@ctjc.co.za

TEMPLE ISRAEL YOUNG ADULT COORDINATOR

Temple Israel has a recently-established Young Adults group which meets regularly. Their events are largely social, with some special events planned for chaggim. Please contact Sofia Zway, Youth Development Officer, for more information and if you would like to join events. **Email:** sofizway@gmail.com or call Sofia on 0780637558

CHABAD ON CAMPUS

Situated at 4 Bollihope Crescent in Upper Mowbray, Chabad on Campus is a Jewish home away from home. It offers Shabbat services and meals, educational lectures, parties and community-building activities. Contact Rabbi

Nissen Goldman on 0723630351 or **email:** nissengoldman@gmail.com
Facebook: Chabad on Campus CT

JEWISH LEARNING OPPORTUNITIES

Florence Melton Midrasha Adult learning School

Melton offers adults of all ages and degrees of Jewish knowledge a variety of part time short courses on different topics of Jewish life, text and literature. Courses run at different times throughout the year. For more information contact Viv Anstey on **email:** vivanst@iafrica.com or Lauren Snitcher on **email:** lsitcher@iafrica.com or check out the

LIMMUD SOUTH AFRICA

Limmud SA is part of an international organisation that promotes pluralist Jewish learning experiences and hosts its annual weekend long conference of Jewish learning in August each year. It is run by communal volunteers and offers a variety of mini learning taster events throughout the year as well as opportunities to volunteer. For more information contact Maxine on **email:** vmboyd@iafrica.com or Nancy on: nrkrisch@gmail.com or check their **website:** <http://www.limmud.org.za/>

LIBRARIES AND MUSEUMS

CAPE TOWN HOLOCAUST CENTRE

(Division: SA Holocaust & Genocide Foundation)

021 462 5553; **e-mail:** admin@holocaust.org.za

Website: www.holocaust.org.za; Facebook: Cape Town Holocaust Centre

JACOB GITLIN LIBRARY

021 462 5088; **e-mail:** gitlib@netactive.co.za

Website: <http://gitlinlibrary.co.za/Activeconnect>

SOUTH AFRICAN JEWISH MUSEUM

021 465 1546; **e-mail:** info@sajewishmuseum.co.za

Website:

www.sajewishmuseum.co.za



SYNAGOGUES

ORTHODOX

CLOSEST TO UCT

OBSERVATORY/MOWBRAY HEBREW CONGREGATION

021 448 2330/082 377 3837 **e-mail:** marcturok@telkomsa.net

Facebook: obs.mowbrayshul

RONDEBOSCH HEBREW CONGREGATION

021 671 3507; rong@discoverymail.co.za

ATLANTIC SEABOARD

BEIT MIDRASH MORASHA @ARTHUR'S ROAD

(Home of Yeshiva of Cape Town and Bnei Akiva)

021 434 8680; **e-mail:** info@morasha.co.za

Facebook: beitmidrashmorasha

31 Arthur's Road, Sea Point, 8005

CAMPS BAY HEBREW CONGREGATION

021 438 8082/021 438 4593; **e-mail:** cbhc@netactive.co.za

14 Chilworth Road, Camps Bay, 8005

OHR SOMAYACH SEA POINT

021 434 6772; **e-mail:** awesome@ohrsom.co.za

GREEN & SEA POINT HEBREW CONGREGATION

021 439 7543; **e-mail:** admin@maraisroadshul.com

Website: www.maraisroadshul.com

CAPE TOWN HEBREW CONGREGATION

021 465 1405; **e-mail:** cthc@gardensshul.co.za

Website: www.gardenshul.org; **Facebook:** Gardens Shul Cape Town

CHABAD CENTRE

021 434 3740; **e-mail:** reception@chabad.co.za

20 St. Johns Road, Sea Point, 8005;

SEPHARDI HEBREW CONGREGATION – SEA POINT

021 439 1962; **e-mail:** shcoffice@telkomsa.net

MIKVEH (Chabad Centre – Men Only)

021 434 3740; e-mail: reception@chabad.co.za

MIKVEH (Arthur’s Road, Sea Point)

021 434 3148

SOUTHERN SUBURBS

CLAREMONT WYNBERG HEBREW CONGREGATION

021 671 9006/7/8; e-mail: info@clarewynshul.co.za

Website: www.clarewynshul.co.za **Facebook:** [clarewynshul](https://www.facebook.com/clarewynshul)

CONSTANTIA HEBREW CONGREGATION

021 713 1818; e-mail: office@constantiashul.co.za

Website: www.constantiashul.co.za;

MUIZENBERG HEBREW CONGREGATION

021 788 1624; e-mail: cecilebuirski@telkomsa.net

Facebook: [Muizenberg Synagogue](https://www.facebook.com/MuizenbergSynagogue).

NORTHERN SUBURBS

DURBANVILLE BELLVILLE HEBREW CONGREGATION

021 9499073; e-mail: mallach@mweb.co.za

WEST COAST

MILNERTON HEBREW CONGREGATION

021 552 4285/7842; e-mail: office@milnertonshul.co.za

THE SHUL/CHABAD OF BLOUBERG – WEST COAST

021 557 7560; e-mail: info@theshul.co.za

Website: www.theshul.co.za

PROGRESSIVE

ATLANTIC SEABOARD

TEMPLE ISRAEL GREEN POINT

Call 021 434 8901; e-mail: greenpoint@templeisrael.co.za

SOUTHERN SUBURBS

TEMPLE ISRAEL WYNBERG

Call 021 762 1745; e-mail: wynberg@templeisrael.co.za

WEST COAST

TEMPLE ISRAEL WEST COAST

Call 021 552 2484; **e-mail:** westcoast@templeisrael.co.za

WELFARE, COMMUNITY SERVICES, COUNSELLING AND VOLUNTEERING

COMMUNITY SECURITY ORGANISATION (CSO)

Cape Town 24-hour Emergency Number for Medical and Security
086 1891118 or 021 464 6766; **e-mail:** capetown@csocape.org.za
Website: www.csocape.org.za

CAPE JEWISH BOARD OF DEPUTIES

The Jewish Board of Deputies is the umbrella representative of community organisations and protects the civil liberties of Jews as a minority within the Cape Town region. Contact Jodi on 021 464 6700; **e-mail:** sajbd1@ctjc.co.za
Website: www.capebod.org.za; **Facebook:** Cape Jewish Board of Deputies

SOUTH AFRICAN ZIONIST FEDERATION (CAPE COUNCIL)

The Zionist Federation protects and promotes the expression of Zionism within the community and wider South African society. To contact, call: 021 464 6700; **e-mail:** wpzc@ctjc.co.za
Website: www.sazfcape.co.za **Facebook:** SA Zionist Federation (Cape Council)

STAFF WISE (CAPE) RECRUITMENT CONSULTANTS

Staffwise offers a variety of services to the community dealing with employment. This includes internship placements, recruitment, job listings, career guidance counselling, CV and interview skills presentation coaching and much more. For more information contact Shelly on 021 464 6700 or **e-mail:** shelly@ctjc.co.za **Website:** www.staffwise.org.za

CONFIDENTIAL COUNSELLING by TRAINED PROFESSIONAL UNION OF JEWISH WOMEN (SEA POINT - CAPE TOWN)

021 434 9555; **e-mail:** info@ujwcape.co.za

JEWISH CARE CAPE (formerly Jewish Welfare Council)

021 462 5520; **e-mail:** shifra@jewishcare.org.za
Website: www.jewishcare.org.za

Jewish Care Cape incorporates the following organisations:

- **ASTRA CENTRE** (Incorporates Jewish Sheltered Employment)
021 465 4200; **e-mail:** jsec@iafrica.com
Website: www.jsec.org.za; **Facebook:** astracentre
- **CAPE JEWISH SENIORS ASSOCIATION (CJSA)**
021 434 9691; **e-mail:** director@cjsa.org.za
Website: www.cjsa.org.za
- **GLENDALE HOME FOR THE INTELLECTUALLY DISABLED**
021 712 0270; **e-mail:** brad@glendalehome.co.za
Website: www.glendalehome.co.za
- **HIGHLANDS HOUSE (JEWISH AGED HOME)**
021 461 1100; **e-mail:** residents@highlandshouse.co.za;
Website: www.highlandshouse.co.za
- **HOSPITAL KOSHER KITCHEN (KOSHER MEALS ON WHEELS)**
Administered by Highlands House
- **NECHAMA** (Counselling for the Bereaved)
021 465 9390/021-462 5520; **e-mail:** admin@nechama.org.za
Website: www.jewishcare.org.za/nechama
- **ORANJIA JEWISH CHILD & YOUTH CENTRE**
Call 021 462 5520 **e-mail:** mausenbaum@oranjia.com or belinda@oranjia.com **Website:** www.oranjia.com

*Gardens Shul
campus*



KOSHER RESTAURANTS IN CAPE TOWN

AVRON'S PLACE (meat and parev)

021 439 7610; **e-mail:**
avronsplace@netactive.co.za
19-33 Regent Road, Sea Point

CAFÉ RITEVE (milk)

021 465 1594; **e-mail:**
riteve@norriecaterers.co.za
88 Hatfield Street, Gardens

COFFEE TIME (milk)

021 461 8414; **e-mail:** coffeetime@jsec.org
20 Breda Street, Gardens

GOLDIE'S DELI (meat and parev)

021 434 1116; **e-mail:** goldiesdeli@gmail.com
174 Main Road, Sea Point

HIGHLANDS HOUSE COFFEE SHOP (milk)

021 461 1100 Ext. 250 **e-mail:** residents@highlandshouse.co.za
234 Upper Buitenkant Street, Highlands Estate

BAKERIES/DELIS

CHECKERS KOSHER BAKERY, SEA POINT

021 430 4680; The Point, 76 Regent Road, Sea Point

GOLDIES DELI

021 434 1116; /021 434 1116; 174 Main Road, Sea Point

PICK 'N PAY KOSHER BAKERY, CLAREMONT

021 674 5908; Pick 'n Pay Centre, corner Campground & Main Road,
Claremont

PICK 'N PAY SEA POINT

021 434 8987/8; Adelphi Centre, 127 Main Road, Sea Point

SUPER SPAR KOSHER BAKERY, SEA POINT

021 439 0913/4 Fax: 021 439 0914; Piazza Da Luz, 94 Regent Rd, Sea Point



Coffee Time restaurant

KOSHER MEAT

CHECKERS SEA POINT – *only pre-packed with BD sign*
021 430 4680; The Point, 76 Regent Road, Sea Point

CLAREMONT KOSHER
021 510 1227/8 / 021 439 6909; Unit 5, Wallflower Street, Paarden Eiland

PICK 'N PAY CLAREMONT
021 674 5908; Pick 'n Pay Centre, corner Campground & Main Road, Claremont

PICK 'N PAY CONSTANTIA
021 794 5031; Constantia Village, corner Spaanschemacht & Main Roads, Constantia

PICK 'N PAY SEA POINT
021 434 8987/8; Adelphi Centre, 127 Main Road, Sea Point

SUPER SPAR SEA POINT - *only pre-packed with BD sign*
021 439 0913/4; Piazza Da Luz, 94 Regent Rd, Sea Point

ROYAL ASCOT SUPERSPAR - *only pre-packed with BD sign*
021 555 2698; The Paddocks, Racecourse Rd., Milnerton

SHOPRITE MILNERTON - *only pre-packed with BD sign*
021 5281680; corner Koeberg & De Grendel Roads, Milnerton

KOSHER FISH

CHECKERS SEA POINT
021 430 4680; The Point, 76 Regent Road, Sea Point

OCEANS EDGE - *fresh and minced fish only*
021 433 0860; 84 Regent Road, Sea Point

PICK 'N PAY CLAREMONT – *fresh & minced fish only*
Fried fish available in the kosher shop
021 674 5908; Pick 'n Pay Centre, corner Campground & Main Road, Claremont

PICK 'N PAY PLUMSTEAD FAMILY STORE
Fresh & minced fish & herrings only
021 762 1124; Pick 'n Pay Centre, Gabriel Road, Plumstead

PICK 'N PAY SEA POINT – incl. fried fish

021 434 8987/021 434 8988; Adelphi Centre, 127 Main Rd, Sea Point

SUPER SPAR SEA POINT – fresh fish only. Fried fish available at kosher deli

021 439 0913/4; Piazza Da Luz, 94 Regent Rd, Sea Point

WOOLWORTHS FISH SHOP

(Sea Point only)

Fresh fish & raw salmon fishcakes only

021 430 4811; Piazza St John, Main Road, Sea Point



The staff of Café Kaplan

JUDAICA/BOOKS/GIFTS

BARGAINS GALORE (Jewish Community Services' second-hand shop)

021 434 7142; e-mail: ethne@jcs.org.za

Website: www.jewishcare.org.za

65 Regent Road, Sea Point, 8005

GIFTIME

021 465 6500; e-mail: gifttime@iafrica.com

Website: www.gifttime.org.co.za; **Facebook:** giftime

20 Breda St, Gardens, Cape Town, 8001

JUDAICA BOOKS AND GIFTS

021 434 8619 72; Regent Rd, Sea Point

SOUTH AFRICAN JEWISH MUSEUM SHOP

021 465 1546; e-mail: shop@sajewishmuseum.co.za

88 Hatfield St, Gardens, Cape Town

JEWISH HOLIDAYS 5776/5777			
HOLIDAY		2016	2017
*Passover:			
1st day		23 Apr.	11 Apr.
2nd day		24 Apr.	12 Apr.
7th day		29 Apr.	17 Apr.
8th day		30 Apr.	18 Apr.
*Shavuoth:			
1st day		12-Jun	31-May
2nd day		13-Jun	01-Jun
*Rosh Hashanah:			
		5777	5778
1st day		3 Oct.	21 Sept.
2nd day		4 Oct.	22 Sept.
*Yom Kippur:			
		12 Oct.	30 Sept.
*Succoth:			
1st day		17 Oct.	5 Oct.
2nd day		18 Oct.	6 Oct.
*Shemini Atzereth:			
		24 Oct.	12 Oct.
*Simchat Torah:			
		25 Oct.	13 Oct.

*** Religious holidays - no work on these days, please note that the Kaplan Centre, Café and Jewish Studies Library will be closed for all of these dates**



The Kaplan Centre was established in 1980 under the terms of a gift to the University of Cape Town by the Kaplan Kushlick Foundation and is named in honour of the parents of Mendel and Robert Kaplan.

The Centre, the only one of its kind in South Africa, seeks to stimulate and promote the whole field of Jewish studies and research at the University with a special focus on the South African Jewish Community. The Centre is multidisciplinary in scope and encourages the participation of scholars in a range of fields including history, political science, education, sociology, comparative literature and the broad spectrum of Hebrew and Judaic studies.

The Centre is engaged in both research and teaching and functions as a coordinating unit in the university. Its resources are used to invite distinguished scholars to teach Jewish-content courses within established University departments, to initiate and sponsor research projects, and to strengthen the university's library holding of books, microfilms and archival sources. These research materials are made available to members of the University and to accredited visitors from the wider academic community.

The Centre awards undergraduate and graduate scholarships as well as a number of research grants.

The Centre has a publications programme which brings out monographs and occasional papers. Lectures symposia and conferences are arranged under the auspices of the Centre. In some cases these are organised with the University's Department of Adult Education and Extra Mural Studies, thereby serving the wider community.

Associate Prof Adam Mendelsohn
Director of the Kaplan Centre for Jewish Studies and Research
University of Cape Town
Rachel Bloch House
Engineering Mall
Rondebosch

Kaplan Centre: 021 650 3062
Kaplan-Centre@uct.ac.za
www.kaplancentre.uct.ac.za